

M&FRC Programs

Relocation Assistance

Provides information and assistance to military personnel and their families who are involved in or anticipating a permanent change of station (PCS) move.

- Pioneer Start (Newcomers Orientation)
- Sponsor Packets
- Loan Closet
- On-line resources for current information on military installations

Transition Assistance

Provides separating/retiring members and their families the skills and knowledge required to make a successful transition to the civilian sector.

- Pre-Separation Counseling
- DOL Employment Workshops
- VA Benefits Information
- Resource Center
- Capstone

Volunteer Program

Provides recruitment, placement and recognition and training opportunities for base and community volunteers.

Did You Know
The M&FRC can assist
with...

- Childcare for PCS, In & Out of Eielson
- Job Training for Spouses and Transitioning Service Members
- Resume Reviews, workshops and employment assistance
- Emergency Assistance
- Great Expectations
- Personalized Financial Assistance (Budgeting, Investing, Credit Reports/Scores, etc.)
- Heart Link - Spouse Orientation
- Hearts Apart events for families of deployed personnel
- Relocation Assistance
- Volunteer Opportunities
- Give Parents A Break
- Maps of the Local Area
- EFMP Information
- EFMP Family Needs Assessment

Eielson AFB Military & Family Readiness Center (M&FRC)

Farthest North



Military & Family Readiness Center

354 FSS/FSH
2631 Wabash Ave
Eielson AFB, AK 99702
907-377-2178

M&FRC Programs

Air Force Aid Society

Provides emergency financial assistance to Air Force members, both active duty and retired along with their families through interest-free loans and grants.

Emergency Assistance can include:

- Rent
- Food
- Utility bills
- Emergency Travel due to death/critical illness in the family
- Car repairs
- Medical / Dental expenses

Employment Assistance

Helps enhance the marketability and employability of spouses and active duty members through individual career counseling and classes to include:

- Job search/E-Job Search
- Resume Assistance
- Interviewing Skills
- Federal Employment

Personal & Work Life

Enhances the well-being of service members and their families and strengthens the adaptation to the unique demands of the Air Force life.

- Heart Link - Spouse Orientation
- Cooking Classes
- Parenting Workshops
- Key Spouse Program
- Great Expectations
- Stress Management

ABOUT US

The M&FRC is chartered as a primary prevention agency and functions to ensure resources required to support active duty members and their families are available. The M&FRC designs, develops, and conducts programs according to base and community requirements and capabilities. Services are available for active duty and their families, DoD Civilians, retirees, single Airmen, and sister services.

Exceptional Family Member Program - Family Support (EFMP-FS)

EFMP is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personal services to Families.

- Respite and Childcare Assistance
- Lunch & Learn Workshops
- EFMP Advisory Committee
- Connection to Support Groups
- EFMP Family Events/Activities
- Link to base and community resources

Air Force Families Forever

Ensures that the families of our fallen Airmen are never forgotten by providing immediate and long-term compassionate support.

M&FRC Programs

Information and Referral

Assists individuals and families identify and clarify needs, determine appropriate forms of assistance and provide connection to available resources.

Personal and Family Readiness

Provides mobility and deployment assistance to help single and married Airmen, DoD personnel and families meet pre-deployment, sustainment, reintegration, and post-deployment challenges.

- Pre-Deployment Briefings
- Reintegration Briefings
- Spouses Reintegration
- Deployed Family Dinner
- Give Parents A Break
- Emergency Family Assistance Control Center (EFACC)

Personal Financial Readiness

Offers information, education, and one-on-one counseling on a variety of financial topics.

- Budgeting
- Debt Reduction
- Credit Reports & Scores
- Car Buying
- Home Buying
- Investment Options (TSP, IRAs, etc.)