



MEDICAL ISOLATION/QUARANTINE vs NON-MEDICAL ROM

21 Jan 2022

Stop the Spread – Remain Fully Mission Capable

What: Explanation of Terms – Medical Isolation, Medical Quarantine and Non-Medical Restriction of Movement (ROM)

Who: All personnel

- **MEDICAL ISOLATION** – Any person **DIAGNOSED** with COVID-19
 - Ordered by 354 FW/CC – implemented by 354 MDG
 - NO modifications to guidance given by Public Health
 - Must remain physically isolated until **released** by Public Health
 - Cannot “test-out” of Medical Isolation
 - For further details, see Handout: *Eielson AFB Medical Isolation Guidance*

- **MEDICAL QUARANTINE** – Any person identified by 354 MDG as having **CONTACT** with a diagnosed COVID-19 person
 - Ordered by 354 FW/CC – implemented by 354 MDG through **contact tracing**
 - NO modifications to guidance given by Public Health unless authorized by 354 MDG
 - The duration of quarters varies depending on vaccination/booster status – last day of exposure to a COVID positive member is day ‘0’; must remain in quarters until **released** by Public Health
 - ***This is your alternate duty location. You are not on leave.***
 - For further details, see Handout: *Eielson AFB Medical Quarantine Guidance*

- **NON-MEDICAL ROM** – All non-fully vaccinated personnel **TRAVELLING** from locations outside of Alaska (including returning Eielson personnel, TDY personnel, transient aircrew, new inbounds, civilians, visitors, family members, etc.)
 - Installation Policy – implemented by commanders, first sergeants, supervisors, and YOU
 - Applies to personnel living on or off base
 - ***This is your alternate duty location. You are not on leave.***
 - Unit Commanders may grant modifications based upon mission needs
 - ***Only applies to NON-MEDICAL ROMs***
 - Commanders cannot modify Medical Isolation or Medical Quarantine procedures
 - Additional restrictions/modifications may apply to Red Flag participants and other TDY personnel
 - NOTE: Personnel who are "fully vaccinated" are exempt from the 10-day ROM requirement. For further details, see Handout: *Eielson AFB Restriction of Movement Guidance*.

Personnel who get **tested** at the 354 MDG COVID Clinic OR personnel who are **sick** may be directed to immediately **go home** and follow medical quarantine procedures to await test results or receive further instructions from Public Health.

If you develop any COVID-19 symptoms (fever, cough, loss of taste or smell, or other flu-like symptoms), **DO NOT GO TO WORK**. Isolate yourself from others, inform your chain of command, and contact the 354 MDG at (907) 377-1847.

NOTE: For all emergency situations call 911

For the latest Air Force Guidance: <https://www.af.mil/News/Coronavirus-Disease-2019/>

For the latest CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

For the latest State of Alaska Health Mandates: <https://covid19.alaska.gov/health-mandates>