Eielson AFB – Command Directive THIS IS A COVID-19 MESSAGE

COMMAND DIRECTIVE: 004
DATE/TIME: 16 MAR 2020/1800L
ORIGINATOR: SENIOR CAT

SUBJECT: Further COVID-19 Restriction of Movement (ROM) Guidance

- 1. The intent of Command Directive 004 is to provide clear guidance addressing who should be placed in Restriction of Movement (ROM) status and further definitions of the terms: Social Distancing, ROM or Quarantine, and Isolation. Per the 354 FW/CC, this Command Directive is effective 16 March 2020 and supersedes any previous conflicting CD guidance including CD 001 para 2.c.ii.
- 2. All current/future released Command Directives are/will be posted to the Eielson Coronavirus page at: https://www.eielson.af.mil/Info/COVID-19-UPDATES/COVID-19-HANDOUTS/

3. **CC Guidance:**

- a. 354 FW personnel who have traveled outside the state of Alaska within the last 14 days are to be placed in Restriction of Movement upon their return to Alaska.
 - i. The waiver authority for this requirement will be the first O-6 in the chain of command.
 - ii. NOTE: CD 002 addressed Restriction of Movement (ROM) procedures
- b. Clarification of the terms Social Distancing, ROM or Quarantine, and Isolation:

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354 FW CD 004 Definitions			
	Social Distancing	Restriction of Movement (ROM) or Quarantine	Isolation
Who it applies to:	Everyone	Anyone returning from outside the state of Alaska on or after 2 March 2020 or anyone with close contact with confirmed COVID-19 positive individual	To be determined by a physician after member reports symptoms of cough, fever of 100.4 or greater, or respiratory distress AND has had relevant travel or contact with a person who has tested positive for COVID-19. Member must all 377-1847 before arriving to the MDG.
What it means to the Member	Member is directed to practice strict hand hygiene, disinfect common use/high touch areas twice a day (door knobs, phones, tables, handles, etc.) and minimize contact with others	14-day quarantine starting the date of return to Alaska or contact with positive individual. Member is directed not be within 6 ft of others for longer than 15 minutes, and remain in place for the duration of the quarantine period. Home quarantine is recommended if member has own room and no shared bathroom. Otherwise, quarantine in Lodging as determined/coordinated by Unit. Food will be coordinated by Unit.	Once tested, member will have no contact with others. Member may be isolated at home only if living alone. Otherwise, member will be housed in Lodging as determined/coordinated by Unit and are on a separate floor or in another building away from ROM/quarantined individuals. Dependents may choose to isolate at home, but may also be authorized lodging at the units expense.
Medical Requirements	If feeling ill, seek quarters authorization from your supervisor. If illness persists and you need medical attention, call the MDG appointment line at 377-1847.	Unit checks in on member via telephone daily. Member takes own temperature twice daily (may be subjective if thermometer is unavailable) and monitors for symptoms of cough, fever of 100.4 or greater, or respiratory illness. Call 377-1847 if symptoms arise.	Members will be contacted daily via phone by healthcare personnel.
Requirement for Release	N/A	Remain without symptoms for the 14 days following return to Alaska	No fever for 72 hours, two negative COVID-19 tests taken 48 hours apart, and symptoms improving

4. Attachments: None

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