

# **EIELSON AFB MEDICAL CLOSE CONTACT GUIDANCE**

17 Feb 2023

## ***Stop the Spread – Remain Fully Mission Capable***

**What:** Mandatory procedures for individuals identified as a close contact or after known exposure

**Who:** Any person who is identified as a close contact to an individual who has tested positive for COVID-19, or has a known exposure to a COVID positive case

**When:** Immediately after exposure or being notified as a close contact

## **MEDICAL CLOSE CONTACT PROCEDURES (REGARDLESS OF VACCINATION STATUS):**

- **This applies to anyone named as a close contact regardless of vaccination status:**
  - NO quarantine is required
  - Observe for symptoms (fever, cough, muscle aches, shortness of breath, loss of taste or smell, etc.)
  - Wear a fitted mask for 10 days (day 0 is the day last exposed to a individual who has tested positive for COVID-19)
  - Service members in the workplace must test at least once after 5 full days following exposure
  - If symptoms arise, you must test and isolate yourself until results are verified by a healthcare provider
  - Provide your test results (positive or negative) to the 354 MDG (call 907-377-1847) to receive further guidance.
  
- If you are experiencing chest pains or have difficulty breathing, please seek emergency care or call 911.

**Personnel, without symptoms, may stop by the 354 MDG Family Health Front Desk to obtain FREE COVID-19 test kits.**

***DO NOT GO TO WORK*** if you develop any COVID-19 symptoms (fever, cough, shortness of breath, loss of taste or smell, or other flu-like symptoms)

*Isolate yourself from others, inform your chain of command, and contact the 354 MDG AT 907-377-1847.*

### ***NOTE: For all emergency situations call 911***

If needing more information, check the links below for the most up to date guidance.

Air Force Guidance: <https://www.eielson.af.mil/coronavirus/>

CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

State of Alaska Health Mandates: <https://covid19.alaska.gov/health-mandates>