



MEDICAL ISOLATION/QUARANTINE vs NON-MEDICAL ROM

9 Apr 21

Stop the Spread – Remain Fully Mission Capable

What: Explanation of Terms – Medical Isolation, Medical Quarantine and Non-Medical Restriction of Movement (ROM)

Who: All personnel

- **MEDICAL ISOLATION** – Any person **DIAGNOSED** with COVID-19
 - Ordered by 354 FW/CC – implemented by 354 MDG
 - NO modifications to guidance given by Public Health
 - Must remain physically isolated until **released** by Public Health
 - Cannot “test-out” of Medical Isolation
 - For further details, see Handout: *Eielson AFB Medical Isolation Guidance*.
- **MEDICAL QUARANTINE** – Any non-fully immunized person identified by 354 MDG as having **CONTACT** with a diagnosed COVID-19 individual
 - Ordered by 354 FW/CC – implemented by 354 MDG through **contact tracing**
 - NO modifications to guidance given by Public Health unless authorized by 354 MDG
 - Must remain in quarters for 10 days – starts from last date of exposure as determined by Public Health
 - ***This is your alternate duty location. You are not on leave.***
 - NOTE: Personnel who are "fully immunized" with no COVID-19 symptoms are not required to quarantine or be tested after exposure to a COVID-19 positive or suspected positive individual. For further details, see Handout: *Eielson AFB Medical Quarantine Guidance*.
- **NON-MEDICAL ROM** – All personnel **TRAVELLING** from locations outside of Alaska (including returning Eielson personnel, TDY personnel, transient aircrew, new inbounds, civilians, visitors, family members, etc.)
 - Installation Policy – implemented by commanders, first sergeants, supervisors and YOU
 - Applies to personnel living on or off base
 - ***This is your alternate duty location. You are not on leave.***
 - Unit Commanders may grant modifications based upon mission needs
 - ***Only applies to NON-MEDICAL ROMs***
 - Commanders cannot modify Medical Isolation or Medical Quarantine procedures
 - Additional restrictions/modifications may apply to Red Flag participants and other TDY personnel
 - NOTE: Personnel who are "fully immunized" are exempt from the 10-day ROM requirement. For further details, see Handout: *Eielson AFB Restriction of Movement Guidance*.

*Personnel who get **tested** at the 354 MDG COVID Clinic OR personnel who are **sick** may be directed to immediately **go home** and follow medical quarantine procedures to await test results or receive further instructions from Public Health.*

*If you develop any COVID-19 symptoms (fever, cough, or other flu-like symptoms), **DO NOT GO TO WORK**. Isolate yourself from others, inform your chain of command, and contact the 354 MDG at (907) 377-1847.*

NOTE: For all emergency situations call 911

For the latest Air Force Policies: https://mypers.af.mil/app/answers/detail/a_id/46605

For the latest CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

For the latest State of Alaska Health Mandates: <https://covid19.alaska.gov/health-mandates>