



# EIELSON AFB RESTRICTION OF MOVEMENT (ROM) GUIDANCE

26 Mar 21

## ***Stop the Spread – Remain Fully Mission Capable***

**What:** Mandatory Restriction of Movement (ROM) Procedures. ROM is travel-related unlike isolation and quarantine which are medically-directed.

**Who:** All personnel traveling from locations outside of Alaska (including returning Eielson personnel, TDY personnel, transient aircrew, new inbound, civilians, visitors, family members, etc.).

**When:** 0 days for “fully immunized” personnel (explanation below)  
10 days for personnel *not* fully immunized (potential modifications below).

\*This guidance does not cover medical isolation and quarantine, defined as follows:

Medical Isolation – person tested positive for COVID-19

Medical Quarantine – person having close contact with someone testing positive for COVID-19

### **ROM PROCEDURES:**

- Fully Immunized Personnel: No ROM requirement upon arrival in Alaska after domestic travel. Personnel are “fully immunized” 2 weeks after the second dose of a two-shot series or 2 weeks after one dose in a single-shot series. Personnel should take a COVID-19 test upon arrival in Alaska or no earlier than 72 hours before travel.
  - A 10-day ROM is still required after international travel.
- Non-Fully Immunized Personnel: 10-day ROM required upon arrival in Alaska after domestic or international travel.
  - During the 10-day ROM, personnel may not dine at sit-down eating establishments.
- All Eielson-assigned inbound or returning TDY personnel must:
  - Adhere to latest Alaska travel guidance for residents while off-base.
  - Wear a mask and maintain 6 feet of distance from anyone outside your household, on or off-base, for 10 days (if not fully immunized).
  - Unless otherwise directed, personnel are not restricted to base (must follow Alaska guidelines off base).

### **ROM MODIFICATIONS:**

*These modifications do not apply to medical isolation or quarantine requirements.*

- Unit Commanders will ensure ROM requirements are met.
- Commanders may modify ROM procedures and conditions based on the following:
  - Mission requirements
  - Ability to maintain social distancing in work areas upon return
  - Travel exposure risk and itinerary during travel
  - Ability to isolate COVID-19 spread in the event of an infection
  - COVID-19 conditions in areas of travel and workplace
  - Test results upon return travel into Alaska
- If unable to ensure 6 feet of physical distancing and mask wear on duty, Commanders will consider:
  - Alternate duty locations
  - “Test out” options
  - Cohort/shift management
- Additional guidance and/or restrictions apply to personnel TDY. Reference exercise-specific COVID guidance.
- Subject to unit commander approval, visitors may complete travel restriction of movement (ROM) in on-base residences. For additional guidance, see *Handout: Friends and Family Guidance*.

***If you develop any COVID-19 symptoms (fever, cough, loss of taste or smell, or other flu-like symptoms), DO NOT GO TO WORK. Isolate yourself from others, inform your chain of command, and contact the 354 MDG at (907) 377-1847.***

***NOTE: For all emergency situations call 911***

For the latest Air Force Guidance: <https://www.af.mil/News/Coronavirus-Disease-2019/>

For the latest CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

For the latest State of Alaska Health Mandates: <https://covid19.alaska.gov/health-mandates>