# DISASTER KITS

#### **Eielson AFB Emergency Management**

# <u>Home Kit</u>

## **Tools & Supplies**

- □ Mess kits—plates, cups, utensils.
- Battery or hand cranked radio with extra batteries.
- □ Flashlight with extra batteries.
- Cash or travelers checks.
- □ Tool kit (make small repairs, shut off utilities, etc.)
- □ Clothing and bedding for each person to include rain □ gear, winter wear, boots, etc. □

#### Water

- One gallon of water per person per day.
- Store water in non breakable/decomposable containers.

#### Food

- High energy food such as peanut butter, granola bars, vitamins, and ready to eat meals such as canned meats, fruits, vegetables, juices, milk, soups, with manual can opener.
- Each person should have at least 2000 calories of food per day.

#### Sanitation

- □ Toiletries: Toilet paper, Soap, Feminine supplies, and other personal hygiene items.
- □ Garbage bags and a 5 gallon plastic bucket with lid.
- Disinfectants, bleach, paper towels.

# Home Kit Continued

### Special Items

## For Infants

- $\Box$  Food formula, bottles, etc.
- Diapers, wipes.
- Baby carrier.

## For Adults/Elderly

- Essential medications.
- Important family documents in a waterproof, portable and secure container.
- □ Extra glasses; may not be able to maintain contacts.
- □ Consider special diets when choosing foods.

#### For Evacuation

- Place your home kit in easy to grab and go containers or rucksacks.
- Additional survival kit items such as a fire starter, compass, tent, sleeping bag, water filtration, knife, etc.

#### Other

- □ Pet supplies food, medical records, leash, carrier.
- □ Entertainment— games, books, toys.
- Emergency contact listing, and emergency/ evacuation plan.
- \*All items should have at least a 7 day supply (per person) in Alaska.

# Shelter In Place (SIP)

- Precut 6 mil plastic for each door, window, vent in your SIP room. Have about 6 inches of extra material on all sides of the plastic.
- □ 10 mil thick duct tape for putting the plastic up.
- □ Emergency lighting and radio.

### Note: Do NOT use wet towels

# Car Kit

- A Jump pack or jumper cables.
- A shovel and traction sand.
- Blankets and extra warm clothes (layers) for each person such as gloves, coats, hats, pants, etc.
- First aid kit that meets essential needs and includes a pocket knife.
- Essential medications.
- Tire iron (plus lug key if needed), pliers, screw drivers, tow rope, fire extinguisher, and spare tire/fuses.
- Warning light or road flares.
- □ Window/ice scrapper, matches and a candle.
- □ Flashlight with extra batteries.
- Non-perishable snack food.
- □ Metal cup for melting snow for drinking water.

Note: During winter always keep your vehicle over a half tank of fuel, and maintain plenty of windshield washer fluid that is rated for –40 degrees.