

354th FIGHTER WING HELPING AGENCY MATRIX



Supervisor
 1st Sergeant
 Air Force Aid Society
 907-377-2178
 Mental Health
 907-377-3071
 Health Promotions
 907-377-9355
 Chaplain
 907-377-2130
 Family Advocacy
 BHOP
 907-377-1847
 Legal Office
 907-377-4114
 Sexual Assault Response Coordinator
 907-377-7208
 Airman & Family Readiness Center
 907-388-0483
 Red Cross
 907-361-5685
 Child MFLC
 800-342-9467
 Military OneSource
 907-377-4080
 Equal Opportunity
 Unit Key Spouse
 Commander

● Family	Supervisor	1st Sergeant	Air Force Aid Society	Mental Health	Health Promotions	Chaplain	Family Advocacy	BHOP	Legal Office	Sexual Assault Response Coordinator	Airman & Family Readiness Center	Red Cross	Child MFLC	Military OneSource	Equal Opportunity	Unit Key Spouse	Commander
Change in Schools	●	●															
Deployment Anxiety	●	●															
Divorce/Separation	●	●															
Getting Married	●	●															
Loss of Family Member/Friend	●	●															
New Parent	●	●															
PCSing	●	●															
Raising Teens	●	●															
Relationship Challenges	●	●															
Single Parent	●	●															
Spouse Finding Work	●	●															
Strengthening Marriage	●	●															
● Personal																	
Abuse or Trauma (past)	●	●															
*Alcohol Misuse/Drug Abuse	●	●															
Anger Management	●	●															
Anxiety	●	●															
Dating Violence	●	●															
Discrimination	●	●															
Domestic Violence	●	●															
SAD/Medical Concerns	●	●															
Loneliness/Isolation	●	●															
Low Self Esteem	●	●															
Mediation	●	●															
Sexual Assault/Rape	●	●															
Sleep Difficulties	●	●															
Sexual Harassment	●	●															
Stress	●	●															
**Suicide Ideation/Prevention	●	●															
Weight/Nutrition Management	●	●															
Tobacco Cessation	●	●															
Fitness/Exercise Consultation	●	●															
● Finance																	
Emergency Need	●	●															
Blended Retirement	●	●															
Mortgages/Loans	●	●															
Retirement/Separation Anxiety	●	●															
Food Expenses	●	●															
● Legal																	
SM Civil Relief Act	●	●															
Power of Attorney	●	●															
Wills	●	●															



● Emergency Services		
Service	Phone	Bldg #
Emergency Security Forces	911	3134
Fire		1206/4870
Ambulance	911* REPORT EAFB	3349
** Suicide Prevention Hotline 24HR 1-800-273-TALK (8255)		
Medical After-Hours	353-5175	
Eagle Eyes	377-5130	
Command Post	377-1500	
AADD	377-RIDE (7433)	
Public Affairs	377-2116	3112
Advisory Line	377-SNOW (7669) 24HR 907-388-8185	RM 15A
Red Cross	907-4565937 24HR 877-272-7337	
24HR Emergency Message Website	www.redcross.org/herocarenetwork	
Military OneSource	24HR 1-800-342-9647 militaryonesource.com	

● Helping Agencies/Services		
Service	Phone	Bldg #
Sexual Assault Response Coordinator (SARC)	377-7208/0027	3112
SAPR HELP LINE	377-7272	Rm239
Mental Health	377-3071	3349
*Alcohol/Drug Abuse Prevention (ADAPT)		
Community Support Coordinator	377-3220	3112 Rm 232
Green Dot/Violence Prevention	377-4233	3112 Rm 232
Family Advocacy	377-4041	3349
Health Promotion	377-9355	3349
Chaplain	377-2130	2223
Woman Infant & Children (wic)	907-456-2990	3349
Legal	377-4114	3112
Airman & Family Readiness Center (AFRC)	377-2178	3126
Military Family Life Consultant (MFLC)	907-388-0483	3126
Child Military Family Life Consultant	907-240-0635	3303/5313
USO	377-5415	2080

Chaplains provide confidential counseling to all service members and dependents, regardless of faith.
 ▲ Military Family Life Consultant provide partial confidentiality for all service members and dependents.